



Public Health Update  
**March 29, 2021**

**Indoor Activity Restrictions:**

We are seeing a recent surge of COVID-19 cases in British Columbia. Through contact tracing, we learned that the highest risk of infection occurs in indoor settings. Dr. Bonnie Henry and other public health officials have announced new restrictions to curb the spread of the virus.

- **Indoor dining is banned temporarily:**
  - The order starts at midnight March 29, and will be in place until April 19, 2021.
  - Patio dining and take-out orders are still permitted.
- **No indoor group activities of any kind:**
  - Only individual or one-on-one activities are allowed.
  - Indoor religious services are suspended.
- **Outdoor religious services are permitted, but with several limitations:**
  - Services can include up to 50 people, or up to 50 vehicles with all attendees staying inside the vehicle.
  - Health screening and masks are mandatory, and keep 2-metres apart between different households.
  - Choirs are not permitted and worship groups cannot have more than 5 musicians. Participants who are not worship leaders or soloists can NOT sing or chant.
  - Participants must disperse immediately after the service, and not gather with others in the same service.
- **Outdoor gathering limited to the same 10 people:**
  - Though outdoor gatherings of up to 10 people are still permitted, it is important to limit your social circle to the same 10 individuals.
  - Make sure to stay distanced, wear a face mask, not share food or utensils, and wash your hands often.
- **Work from home and limit traveling:**
  - Workers are encouraged to work from home if possible.
  - Limit all traveling to essential travels.

We are at another challenging point right now, and we need to break the chain of transmission with these new restrictions. Please follow the guidelines and be kind to each other during this difficult time!