



Public Health Update  
**November 20, 2020**

**Extended order on restricting social interaction:**

Due to the continuous increase of COVID-19 cases in our province, the stay-at-home order has been extended another two and a half weeks. This order will remain in effect until December 7, with the possibility of being extended if we continue to see rising cases.

● **Social interaction and gatherings**

- Socialize with only those in your immediate household. No gatherings of **any size**.
  - Do NOT gather indoors or outdoors with anyone who does not live with you.
  - Taking a walk outside with a friend is still permitted.
  - People who live alone cannot host gatherings but may socialize with 2 people within their core social bubble.
- Funerals and weddings may proceed with a maximum of 10 people.
  - Receptions are not allowed.
- Places of worship cannot hold in-person services until at least December 7.
- Travel outside of local regions is restricted to essential travel.
  - Limit your daily travels to only essential travels.
  - If trips into or out of the province can be postponed, you should wait to travel until the order is lifted.

● **Masks are mandatory indoors**

- You must wear a mask in any indoor public areas, including retail places and grocery stores.
- You must wear a mask in any common areas in the workplace, including elevators and waiting rooms.
- In restaurants, you should also wear a mask at all times when not eating or drinking.

If the COVID-19 infection rate does not trend downward in the next few weeks, the province-wide restrictions will be extended. Let's all follow the guidelines and protect each other during these difficult times!