



Community Health Centre Job Posting: Clinical Counsellor

Umbrella Multicultural Health Cooperative is a member-driven, not-for-profit, community health centre (CHC). Our members are people who face language and cultural barriers accessing health care. Our mission is to provide practical access to affordable and holistic health care services that are appropriate in culture and language for those without access to health security.

We work with a Cross Cultural Health Broker (CCHB) Model. CCHBs are multicultural, multilingual health care workers who facilitate communication between patients, service providers and health and social service systems.

Umbrella Co-op CHC is located in Downtown New Westminster.

Summary of the Position

Clinical Counsellor role at Umbrella Co-op

Working with an interdisciplinary team, with an understanding and commitment to the community health centre and CCHB model, the Clinical Counsellor will provide specialized and culturally informed individual and group counselling to patients and families from self-identified populations of racialized immigrants, refugees, and asylum seekers that Umbrella Co-op CHC serves. The Clinical Counsellor will provide treatment and care in collaboration with CCHBs. Referrals to the counselling services are internal.

The interdisciplinary team currently comprises CCHBs, family physicians, nurse practitioner, pediatricians, MOAs, social determinants of health (SDH) worker and administrative staff. We are currently expanding our CHC and we will add other health professionals. This position is co-supervised by the Clinics+ Coordinator and Clinic Lead. The position will work with the Clinics+, Mobile Clinic and Health promotion programs which operate in-office and virtually Monday to Friday, with occasional Sunday in locations throughout the Fraser Valley.

Duties and responsibilities

1. Conduct psychosocial assessment of individuals and families using trauma-informed, cross-cultural appropriate modalities
2. Provide therapeutic counselling services to patients and families in an individual, family and support group setting
3. Participate in and conduct case management meetings with an interdisciplinary team to assist in developing and coordinating comprehensive and culturally appropriate care plans and community services for patients and families; and in collaboration with CCHBs, support patient and family participation in the development, implementation, and ongoing modification of the care plan
4. Implement interventions, for individual and group/collective sessions, and in accordance with established treatment guidelines educate patients, family members and caregivers, to improve mental health wellness and coping skills and promotion of community resources
5. Participate in maintaining seamless quality patient care by identifying appropriate referrals to other clinicians, allied health care, SDH and health promotion as appropriate
6. Participate in organizational, program and team activities required to improve and optimize the delivery of patient-centered, trauma-informed care and to facilitate evidence-based practice.

Skills and Qualifications

Required Skills and Education:

- Current, full registration with the BC Association of Clinical Counsellors, preferably with three years of experience
- Master's degree in Counselling Psychology with clinical certification for DSM diagnosis
- Demonstrated clinical skills in crisis intervention, assessment, and individual, group and family counselling
- Experience with somatic counselling practices, such as somatic therapy, eye movement desensitization therapy, mindfulness-based therapy, art therapy, and trauma-informed care
- Demonstrated awareness and sensitivity to psychosocial needs of immigrants, refugees and asylum-seeking individuals and families
- Cross-cultural work experience with individuals and families to improve wellness, coping skills, and empowerment in the following areas: immigration, refugee and asylum-seeking journey, poverty issues, housing, legal, social assistance, education, family violence, crisis intervention, mental health
- Experience working as part of an interdisciplinary team in a culturally diverse, community-based setting
- Fluency in one of the languages of the communities we serve is an asset, particularly Dari, Arabic, Pashto, Spanish and Tigrinya

Preferred Skills:

- Experience working in culturally diverse community-based setting
- Working with diverse, immigrant, and refugee communities

Working conditions

As community service organization, the work at Umbrella Co-op is demanding and rewarding. Umbrella Co-op is committed to providing an emotionally and physically safe working environment where employees can thrive in their roles.

The role works closely with patients and may be exposed to diseases or infections. The Clinical Counsellor will be trained under the carefully developed safety protocols and will be provided appropriate PPE to mitigate risk.

As per the current Public Health Orders (Hospital and Community – Health care and other services), as of October 26, 2021, all employees working at Umbrella Multicultural Health Co-op must be fully vaccinated for COVID-19. Proof of vaccination status will be required.

JOB TYPE: This is a permanent, part-time position of two-to-three days per week, some weekend and evening work may be required.

SALARY AND BENEFITS: Hourly wage range is \$41.11 to \$44.57, plus a full range of benefits including extended health and dental benefits, and a group retirement plan.

Vacation/ sick leave starts at four weeks.

EXPECTED START DATE: As soon as possible. The position will remain posted on our website until filled.

APPLICATION INSTRUCTIONS: Please submit a one-page cover letter and your resume (all in one pdf. file, please), with the subject line: [YourName]-Clinical Counsellor Position to info@umbrellacoop.ca

For more information, please visit our website www.umbrellacoop.ca

We kindly thank you in advance for your interest and application; however, only selected candidates will be contacted for an interview.